

Welcome, National Guard and Reserve Component members



The U.S. Office of Personnel Management (OPM) is proud to offer the Federal Employees Dental and Vision Insurance Program (FEDVIP).

About FEDVIP

Sponsored by OPM, FEDVIP is a voluntary, enrollee-pay-all dental and vision program. It's popular among federal employees, who give the program high marks for quality and value. FEDVIP offers you a choice between 12 dental and 5 vision carriers, so you can select the right coverage for you and your family.

Who's eligible?

National Guard, Reserve Component members, and their families are eligible for FEDVIP vision coverage if they're enrolled in a TRICARE health plan.

In addition:

- ▶ Retired uniformed service members*, their families, and survivors are eligible for FEDVIP dental coverage and, if they're enrolled in a TRICARE health plan, FEDVIP vision coverage.
- ▶ Family members of active duty uniformed service members are eligible for FEDVIP vision coverage if they're enrolled in a TRICARE health plan. (Active duty uniformed service members are not eligible for FEDVIP dental and vision coverage.)

*This includes Retired Reserve members who are age 60 and older and under age 60 (gray area reservists) not yet receiving retired pay.

For detailed eligibility information, visit: [BENEFEDS.gov/military](https://www.benefeds.gov/military)

What TRICARE health plans satisfy eligibility for FEDVIP vision coverage?

- ▶ TRICARE For Life
- ▶ TRICARE Prime
- ▶ TRICARE Reserve Select
- ▶ TRICARE Retired Reserve
- ▶ TRICARE Select
- ▶ Uniformed Services Family Health Plan

What's covered and how much does FEDVIP cost?

To familiarize yourself with the program and its current offerings, visit [BENEFEDS.gov/military](https://www.benefeds.gov/military). Use the plan comparison tool to view current FEDVIP plans and premiums based on your residential zip code and compare up to three dental and vision plans side by side.



What FEDVIP plans are available?

FEDVIP offers nationwide and international coverage, with some plans featuring both high and standard options.

Nationwide international dental plans

- ▶ Aetna® Dental
- ▶ Blue Cross Blue Shield® FEP DentalSM
- ▶ Delta Dental®
- ▶ GEHA® Connection Dental Federal
- ▶ MetLife® Federal Dental Plan
- ▶ United Concordia® Dental
- ▶ UnitedHealthcare® Dental

Regional dental plans

- ▶ Dominion® National
- ▶ EmblemHealth® Dental
- ▶ HealthPartners® Dental
- ▶ Humana® Dental
- ▶ Triple-S Salud®

Nationwide international vision plans

- ▶ Aetna VisionSM Preferred
- ▶ Blue Cross Blue Shield® FEP VisionSM
- ▶ MetLife® Federal Vision Plan
- ▶ UnitedHealthcare® Vision
- ▶ VSP® Vision Care

Note: We encourage you to share this list of FEDVIP carriers with your preferred provider to confirm whether they accept these plans.

When can I enroll?

The Federal Benefits Open Season is your annual opportunity to enroll in, change, or cancel a FEDVIP dental and/or vision plan. Each year, open season runs from the Monday of the second full work week in November through the Monday of the second full work week in December, with coverage effective January 1 the following year.

When you enroll in a FEDVIP dental and/or vision plan, you have a choice between three enrollment types: self, self plus one, or self and family.

Can I enroll in FEDVIP coverage outside of open season?

Qualifying life event

If you experienced a qualifying life event (QLE), you generally have 91 days to enroll in or change your FEDVIP coverage outside of open season. The QLEs for FEDVIP may be different from QLEs for other federal benefits programs, and the actions you or your dependents may take depend on what type of QLE you have experienced. Visit [BENEFEDS.gov/military](https://www.benefeds.gov/military) for full QLE guidelines.

Learn more

BENEFEDS is the government-authorized online portal that you can use to research, enroll in, and manage your FEDVIP coverage. BENEFEDS also administers the billing systems and customer service functions necessary for the collection of FEDVIP premiums. For questions, visit [BENEFEDS.gov/military](https://www.benefeds.gov/military) or call our Customer Service Center at **1-877-888-FEDS** (1-877-888-3337) TTY 711.

[BENEFEDS.gov/military](https://www.benefeds.gov/military)